



# CSAPS 2023

50<sup>TH</sup> ANNIVERSARY

OCTOBER 26<sup>TH</sup> - 29<sup>TH</sup> | HYATT REGENCY, VANCOUVER

## MEETING SCHEDULE

### KEYNOTE SPEAKER

Dr. Alfredo Hoyos (Columbia)

### INVITED SPEAKERS

Dr. Alfredo Hoyos (Colombia)  
Dr. Kristi Hustak (USA)  
Dr. Krista Genoway (Canada)  
Dr. Richard Warren (Canada)  
Dr. Indira Samarasekera (Canada)

Dr. Melinda Haws (USA)  
Dr. Arturo Ramirez Montañana (Mexico)  
Dr. Alexander Anzarut (Canada)  
Dr. Martha Piper (Canada)  
Dr. Bertha Torres (Mexico)

### FACULTY

Dr. Nancy Van Laeken, Immediate Past President  
Dr. Jamil Ahmad, Vice-President  
Dr. Jonathan Toy, Historian  
Dr. Ryan Austin

Dr. Charles Guertin, President  
Dr. Avi Islur, Secretary/Treasurer  
Dr. Earl Campbell, Parliamentarian

### WEDNESDAY, OCTOBER 25<sup>TH</sup>, 2023

1230 – 2000 **REGISTRATION** ♥ Regency Foyer, 3<sup>rd</sup> Floor

### THURSDAY, OCTOBER 26<sup>TH</sup>, 2023

0730 – 1700 **REGISTRATION** ♥ Regency Foyer, 3<sup>rd</sup> Floor  
0800 – 0830 **BUFFET BREAKFAST** ♥ Regency Foyer, 3<sup>rd</sup> Floor

#### AESTHETIC INNOVATIONS: TECHNIQUE, TECHNOLOGY, AND SKIN SCIENCE

0830 – 0845	<b>Welcome and Opening Remarks</b>	Dr. Avi Islur	♥ Regency DEF, 3 <sup>rd</sup> Floor
0845 – 0915	<b>Approach to the Patient Consultation and Patient Journey</b> <i>Sponsored by: Allergan Aesthetics</i>	Dr. Chris Brink	♥ Regency DEF, 3 <sup>rd</sup> Floor
0915 – 0945	<b>What's new in Neuromodulators? Are you Ready?</b> <i>Sponsored by: Galderma</i>	Dr. Vince Bertucci	♥ Regency DEF, 3 <sup>rd</sup> Floor
0945 – 1000	<b>Interactive Discussion</b>		
0945 – 1000	<b>BREAK</b>		
1030 – 1100	<b>Bringing Light to the Periorbital Region Restylane Eyelight</b> <i>Sponsored by: Galderma</i>	Dr. Shane Seal	♥ Regency DEF, 3 <sup>rd</sup> Floor
1100 – 1120	<b>Nonsurgical Rhinoplasty: Applications and avoiding complications</b>	Dr. Jamil Ahmad	♥ Regency DEF, 3 <sup>rd</sup> Floor
1120 – 1150	<b>Ultrasound Guided and Hyperbaric Treatment for Adverse Events with Hyaluronic Acid Dermal Fillers</b> <i>Sponsored by: Hugel Aesthetics</i>	Dr. Fahad Alam	♥ Regency DEF, 3 <sup>rd</sup> Floor
1150 – 1220	<b>Hyaluronic Acid Filler Buttock Lift</b> <i>Sponsored by:</i>	Dr. Sean Rice	♥ Regency DEF, 3 <sup>rd</sup> Floor
1220 – 1235	<b>BigShot™: A novel and ideal technique for non-surgical male enhancement</b> <i>Sponsored by:</i>	Dr. Cory Torgerson	♥ Regency DEF, 3 <sup>rd</sup> Floor
1235 – 1300	<b>Interactive Discussion</b>		♥ Regency DEF, 3 <sup>rd</sup> Floor
1300 – 1400	<b>LUNCH</b>		
1400 – 1430	<b>Exosomes: Capturing the Right Message, from the Right Cell, at the Right Time</b> <i>Sponsored by: Evolve Medical</i>	Dr. Jordan Plews	♥ Regency DEF, 3 <sup>rd</sup> Floor
1430 – 1500	<b>ZO Skin Health – Skin 101: What you need to know</b> <i>Sponsored by: Allodina Medical</i>	Dr. Allison Sutton	♥ Regency DEF, 3 <sup>rd</sup> Floor
1500 – 1530	<b>Revolutionizing Aesthetics: A new standard for tolerable and effective skincare from evidence-based clinical data to improve treatment outcomes</b> <i>Sponsored by: L'Oreal / SkinBetter</i>	Dr. TBD	♥ Regency DEF, 3 <sup>rd</sup> Floor
1530 – 1545	<b>INTERACTIVE DISCUSSION</b>		
1545	<b>MEETING ADJOURNED</b>		
1530 – 1545	<b>EVENT</b> <b>CSAPS Traveling Professor Resident Mentorship Symposium</b>		♥ Balmoral, 3 <sup>rd</sup> Floor
1730 – 2000	<b>EVENT</b> <b>50th Anniversary Welcome Reception</b> <i>Sponsored by: Finance Canada</i>		♥ Seymour/Grouse, 34 <sup>th</sup> Floor

### FRIDAY, OCTOBER 27<sup>TH</sup>, 2023

0730 – 1700 **REGISTRATION** ♥ Regency Foyer, 3<sup>rd</sup> Floor  
0630 – 0800 **BREAKFAST WITH EXHIBITORS** ♥ Regency ABC, 3<sup>rd</sup> Floor  
0700 – 0815 **SUNRISE SESSION**  
**To Sell or not to Sell my Practice to Private Equity Firms - Panel Discussion** ♥ Regency DEF, 3<sup>rd</sup> Floor  
Dr. Khanna, Dr. Sean Rice, Dr. Matt Mosher

#### CME ACCREDITED SESSIONS

0800 – 0815 **Welcome and Opening Remarks** Dr. Charles Guertin ♥ Regency DEF, 3<sup>rd</sup> Floor

#### SESSION 1

0815 – 0900 **HD Liposuction with Total Graft: Male Video** Dr. Alfredo Hoyos ♥ Regency DEF, 3<sup>rd</sup> Floor  
0900 – 0915 **Interactive Discussion**  
0915 – 0945 **Safely Combining Fat Grafting with Trunk Liposuction and Abdominoplasty Lecture** Dr. Kristi Hustak ♥ Regency DEF, 3<sup>rd</sup> Floor  
0945 – 1000 **Interactive Discussion**  
1000 – 1030 **COFFEE BREAK WITH EXHIBITORS** ♥ Regency ABC, 3<sup>rd</sup> Floor

#### SESSION 2

1030 – 1100 **Safety Guidelines on Body Contouring Surgery Video** Dr. Arturo Ramirez- Montañana ♥ Regency DEF, 3<sup>rd</sup> Floor  
1100 – 1115 **Interactive Discussion**  
1115 – 1200 **HD Liposuction and Excisional Options - Female Video** Dr. Alfredo Hoyos ♥ Regency DEF, 3<sup>rd</sup> Floor  
1200 – 1215 **Interactive Discussion**  
1215 – 1223 **Preoperative Patient Guidance & Education in Aesthetic Breast Plastic Surgery: Implementation and assessment Of AI performance across standardized simulated patient interactions Abstract** Dr. Jad Abi-Rafeh ♥ Regency DEF, 3<sup>rd</sup> Floor  
1223 – 1230 **Interactive Discussion**  
1230 – 1330 **LUNCH BREAK WITH EXHIBITORS** ♥ Regency ABC, 3<sup>rd</sup> Floor

#### SESSION 3

1330 – 1338 **The Safety of Outpatient Drainless Extended Abdominoplasty: An analysis of 152 consecutive cases Abstract** Dr. Diego Daniel ♥ Regency DEF, 3<sup>rd</sup> Floor  
1338 – 1346 **Effect of Marijuana on Aesthetic Surgical Outcomes Abstract** Dr. Veronique Doucet ♥ Regency DEF, 3<sup>rd</sup> Floor  
1346 – 1355 **Interactive Discussion**  
1355 – 1420 **Plication or Deep Plane: How do you Decide? Video** Dr. Richard Warren ♥ Regency DEF, 3<sup>rd</sup> Floor  
1420 – 1430 **Interactive Discussion**  
1430 – 1500 **Upper Eyelid – Different Problems, Different Solutions** Dr. Arturo Ramirez-Montañana ♥ Regency DEF, 3<sup>rd</sup> Floor  
1500 – 1515 **Interactive Discussion**  
1515 – 1530 **Necklifts: Why, When, and How to Safely Treat The Submandibular Glands During Neck Sculpting Procedures Abstract** Dr. Alexander Anzarut ♥ Regency DEF, 3<sup>rd</sup> Floor  
1530 – 1545 **Interactive Discussion**  
1545 – 1615 **COFFEE BREAK WITH EXHIBITORS** ♥ Regency ABC, 3<sup>rd</sup> Floor

#### SESSION 4

1615 – 1645 **Multimodal Lower Body Rejuvenation Video** Dr. Kristi Hustak ♥ Regency DEF, 3<sup>rd</sup> Floor  
1645 – 1700 **Interactive Discussion**  
1700 – 1730 **Aesthetic Surgery Throughout the Gender Spectrum Video** Dr. Krista Genoway ♥ Regency DEF, 3<sup>rd</sup> Floor  
1715 – 1730 **Interactive Discussion**  
1730 **MEETING ADJOURNED**

**TOTAL CME CREDITS FOR FRIDAY: 7.00**

1800 – 2200 **EVENT**  
**Dinner and Diamonds** ♥ Vancouver Art Gallery, 4<sup>th</sup> Floor Rooftop Pavilion  
*Sponsored by: Allergan Aesthetics & Mentor*

### SATURDAY, OCTOBER 28<sup>TH</sup>, 2023

0730 – 1700 **REGISTRATION** ♥ Regency Foyer, 3<sup>rd</sup> Floor  
0630 – 0800 **BREAKFAST WITH EXHIBITORS** ♥ Regency ABC, 3<sup>rd</sup> Floor  
0645 – 0745 **SUNRISE SESSION**  
**Women in Leadership: Lessons on Leadership From Two Women Who Went First** Dr. Martha Piper & Dr. Indira Samarasekera ♥ Oxford/Prince of Wales, 3<sup>rd</sup> Floor  
*Sponsored by: L'Oreal / SkinCeuticals*

#### CME ACCREDITED SESSIONS

0800 – 0830 **The History of CSAPS – 50 years and counting Video** Dr. Richard Warren ♥ Regency DEF, 3<sup>rd</sup> Floor

#### SESSION 1

0830 – 0900 **The Ideal vs Non-Ideal Candidate for HD Liposuction New Alternatives and New Technologies Lecture** Dr. Alfredo Hoyos ♥ Regency DEF, 3<sup>rd</sup> Floor  
0900 – 0915 **Interactive Discussion**  
0915 – 0945 **Intraoperative Strategies in Dimensional Abdominoplasty and Mons Lecture** Dr. Kristi Hustak ♥ Regency DEF, 3<sup>rd</sup> Floor  
0945 – 1000 **Interactive Discussion**  
1000 – 1030 **COFFEE BREAK WITH EXHIBITORS** ♥ Regency ABC, 3<sup>rd</sup> Floor

#### SESSION 2

1030 – 1100 **Total Graft: Think Outside the Box, Graft Inside the Muscles Video** Dr. Alfredo Hoyos ♥ Regency DEF, 3<sup>rd</sup> Floor  
1100 – 1115 **Interactive Discussion**  
1115 – 1130 **How to Start Using the Auersvald's Surgical Net Lecture** Dr. Bertha Torres ♥ Regency DEF, 3<sup>rd</sup> Floor  
1130 – 1145 **Interactive Discussion**  
1145 – 1215 **Panel: Best Facial Case, Best Breast/Body Case** Dr. Avi Islur ♥ Regency DEF, 3<sup>rd</sup> Floor  
1130 – 1145 **Interactive Discussion**  
1230 – 1330 **LUNCH BREAK WITH EXHIBITORS** ♥ Regency ABC, 3<sup>rd</sup> Floor

#### SESSION 3

1330 – 1338 **The Impact of Preoperative Workups for Patients Having Aesthetic Plastic Surgery in Outpatient Sessions Abstract** Dr. Natalia Ziolkowski ♥ Regency DEF, 3<sup>rd</sup> Floor  
1338 – 1346 **Pregnancies DO Matter: The role of parity as an independent risk factor for the complications in breast augmentation surgery Abstract** Dr. Maria Cassandre Medor ♥ Regency DEF, 3<sup>rd</sup> Floor  
1346 – 1354 **What Defines High Volume Fat Grafting in Breast Surgery: A systemic review** Dr. Michelle Bonapace-Potvin ♥ Regency DEF, 3<sup>rd</sup> Floor  
1354 – 1400 **Interactive Discussion**  
1400 – 1420 **Breast Augmentation Lecture** Dr. Richard Warren ♥ Regency DEF, 3<sup>rd</sup> Floor  
1420 – 1430 **Interactive Discussion**  
1430 – 1500 **Systemic Symptoms Associated with Breast Implants: Formerly Known as BLL Lecture** Dr. Melinda Haws ♥ Regency DEF, 3<sup>rd</sup> Floor  
1500 – 1515 **Interactive Discussion**  
1515 – 1545 **COFFEE BREAK WITH EXHIBITORS** ♥ Regency ABC, 3<sup>rd</sup> Floor

#### SESSION 4

1545 – 1615 **Breast Implant Revision Without Use of Mesh Or ADM Video** Dr. Melinda Haws ♥ Regency DEF, 3<sup>rd</sup> Floor  
1615 – 1630 **Interactive Discussion**  
1630 – 1645 **Rhinoplasty in Patients Previously Injected with Filler Lecture** Dr. Bertha Torres ♥ Regency DEF, 3<sup>rd</sup> Floor  
1645 – 1700 **Is Outpatient Aesthetic Plastic Surgery Safe? Examining outcomes after 2,596 consecutive patients in a Canadian Aesthetic Plastic Surgery Practice - Abstract** Dr. Ryan Austin ♥ Regency DEF, 3<sup>rd</sup> Floor  
1700 – 1715 **Reducing Surgical Greenhouse Gas Emissions with "The Green Theatre Checklist" Abstract** Dr. G.E. Salib ♥ Regency DEF, 3<sup>rd</sup> Floor  
1715 – 1730 **Interactive Discussion**  
1730 **MEETING ADJOURNED**

**TOTAL CME CREDITS FOR SATURDAY: 7.00**

1730 – 1815 **CSAPS ANNUAL BUSINESS MEETING (Members Only)** ♥ Oxford/Prince of Wales, 3<sup>rd</sup> Floor  
1900 – 0100 **EVENT**  
**President's Dinner** ♥ Regency DEF, 3<sup>rd</sup> Floor  
*Sponsored by: Beautifi*

### SUNDAY, OCTOBER 29<sup>TH</sup>, 2023

0800 – 0830 **BREAKFAST** ♥ Regency DEF, 3<sup>rd</sup> Floor  
0830 – 0915 **SUNRISE SESSION**  
**Investing for Your Future** Rob MacKenzie ♥ Regency DEF, 3<sup>rd</sup> Floor  
*Sponsored by: Owens MacFayden Group*  
0915 – 0945 **Starting Your Own Private Practice with RBC** Laura Gray, VP, BC Healthcare Commercial ♥ Regency DEF, 3<sup>rd</sup> Floor  
*Sponsored by: RBC*  
0945 – 1015 **Associate or Own Your Practice** Dr. Ian MacArthur, Dr. Ryan Austin ♥ Regency DEF, 3<sup>rd</sup> Floor  
1015 – 1045 **Contracts, Practice Agreements and Legal Must-Dos** Michael Weber Weber Law Corp ♥ Regency DEF, 3<sup>rd</sup> Floor  
1045 – 1115 **HR: Hiring, Training, Firing: The Importance of Maintaining Employee Standards and Policies** Rachael Rabinovich, Roper Greyell, LLC ♥ Regency DEF, 3<sup>rd</sup> Floor  
1115 – 1145 **Nurse Injector vs Physician – Pros and Cons** Dr. Mat Mosher, Dr. Earl Campbell ♥ Regency DEF, 3<sup>rd</sup> Floor  
1145 – 1200 **Interactive Discussion**  
1200 **MEETING ADJOURNED**