



**CANADIAN SOCIETY FOR AESTHETIC
PLASTIC SURGERY**

**SOCIÉTÉ CANADIENNE DE CHIRURGIE PLASTIQUE
ESTHÉTIQUE**



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Dear CSAPS Members,

Over the last few months Health Canada has been looking into cell based therapies. Their attention was directed at stem cell and PRP treatments.

Some of our members received requests from Health Canada for additional information about the PRP treatments they were providing. Some physicians received letters from Health Canada stating that PRP was equivalent to “manufacturing a drug” and were asked to stop providing these treatments.

The CSAPS executive is aware that the confusion caused by statements in the media and lack of a definitive statement from Health Canada related to PRP has been difficult for our members.

As we are all aware, PRP treatments were initially started in the mid 1980's. There are 1000's of articles that have shown both the safety and efficacy of PRP based treatments for a multitude of treatments. These include, but are not limited to, orthopaedic indications, sports medicine indications, dental procedures, and aesthetic applications.

On July 26, 2019 Health Canada published an update on Health Canada's position related to PRP.

The attached link is Health Canada's position:

<https://healthykanadians.gc.ca/recall-alert-rappel-avis/hc-sc/2019/70559a-eng.php>

From Health Canada's update:

PRP meets the definition of a "drug" under the *Food and Drugs Act*. The preparation of PRP falls under the scope of the practice of medicine and dentistry and is regulated provincially and territorially when it is a) conducted by "practitioners," including physicians and dentists; b) obtained from a patient; and c) administered back to the same patient in a single procedure.

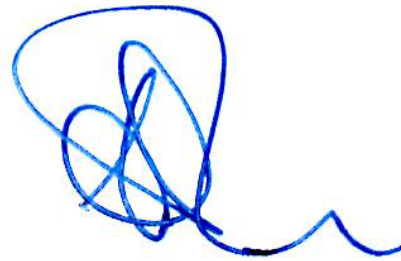
In summary, as a physician in Canada, we are allowed to provide these treatments as we have for the last few decades.

We extend our appreciation to Health Canada for this timely and definitive update with regards to PRP treatments.

Sincerely,



Richard Bendor-Samuel, MD, FRCSC
President, CSAPS



Scott Barr, MD, FRCSC
Vice President, CSAPS